

Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Chicken Tikka Masala (D) (PU) (T)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, bechamel (contains coconut), tomato paste, tikka seasoning	White Rice	Orange Slices
Wednesday	<b>Beef Meatball Pasta Bake (D) (G) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, grated cheddar cheese, white onion, swede, pasta, beef meatballs	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognaise Pasta Bake (G) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, minced beef, pasta	Not Applicable	<b>Cheddar &amp; Chive Cornbread (D) (E) (G) (S)</b>
Tuesday	<b>Chicken &amp; Cheese Fajita (D) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, grated cheddar cheese, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)</b> sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (D) (G) (T)</b> cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (G) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake (D) (F) (G) (PU) (T)</b> tuna, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), grated cheddar cheese, pasta	Not Applicable	<b>Fruit Loaf (G) (S) (SD)</b>
Tuesday	<b>Vegetable Chilli &amp; Cheese (D) (PU) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Chicken (SD) (T)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Bean &amp; Cheese Fajita (D) (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# NURSERY HOT Tea Menu

Spring Summer 2026

Vegetarian	Vegan	Tomato	Sulphites	Soya	Pulse/Bean	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid/Spice	Celery	Beef
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Week A	Dish	Dietaries															
Monday	Beanie Fajita			●				●							●	●	●
	Soft Flour Tortilla																
	Greek Style Vanilla Yoghurt			●	●												
Tuesday	Chicken Tikka Masala			●	●										●	●	●
	White Rice																
	Orange Slices			●													
Wednesday	Beef Meatball Pasta Bake	●		●	●			●							●	●	●
	Not Applicable																
	Banana & Blueberry Oat Bar			●				●									
Thursday	Chicken & Roasted Vegetable Pizza			●	●			●							●	●	●
	Not Applicable																
	Diced Apple & Apricot			●													
Friday	Cheesy Baked Beans			●	●										●	●	●
	Jacket Potato																
	Melon Slices			●													

Week B	Dish	Dietaries															
Monday	Beef Bolognese Pasta Bake	●		●				●							●	●	●
	Not Applicable																
	Cheddar & Chive Cornbread				●	●		●						●			
Tuesday	Chicken & Cheese Fajita			●	●										●	●	●
	Soft Flour Tortilla																
	Diced Peaches			●													
Wednesday	Cheesy Baked Beans			●	●										●	●	●
	Jacket Potato																
	Orange Slices			●													
Thursday	Tomato & Mascarpone Cheese Pasta Bake			●	●			●							●	●	●
	Not Applicable																
	Melon Slices			●													
Friday	Roasted Vegetable Pizza			●	●			●							●	●	●
	Not Applicable																
	Apricot Protein Bar			●				●						●			

Week C	Dish	Dietaries															
Monday	Tuna & Sweetcorn Pasta Bake			●	●		●	●							●	●	●
	Not Applicable																
	Fruit Loaf			●				●							●	●	●
Tuesday	Vegetable Chilli & Cheese			●	●										●	●	●
	Jacket Potato																
	Melon Slices			●													
Wednesday	Chicken & Roasted Vegetable Pizza			●	●			●							●	●	●
	Not Applicable																
	Diced Apricots			●													
Thursday	Barbecue Chicken			●											●	●	●
	White Rice																
	Strawberry Fromage Frais			●	●												
Friday	Bean & Cheese Fajita			●	●										●	●	●
	Soft Flour Tortilla																
	Orange Slices			●				●									

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Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Halal Chicken Tikka Masala (D) (PU) (T)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, bechamel (contains coconut), tomato paste, tikka seasoning	White Rice	Orange Slices
Wednesday	<b>Halal Chicken Pasta Bake (D) (G) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, grated cheddar cheese, white onion, diced chicken breast, swede, pasta	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Halal Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Vegetable Bolognese Pasta Bake (G) (PU) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, red kidney beans, chickpeas, haricot beans, pasta	Not Applicable	<b>Cheddar &amp; Chive Cornbread (D) (E) (G) (S)</b>
Tuesday	<b>Halal Chicken &amp; Cheese Fajita (D) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, grated cheddar cheese, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)</b> sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (D) (G) (T)</b> cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (G) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake (D) (F) (G) (PU) (T)</b> tuna, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), grated cheddar cheese, pasta	Not Applicable	<b>Fruit Loaf (G) (S) (SD)</b>
Tuesday	<b>Vegetable Chilli &amp; Cheese (D) (PU) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Halal Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Halal Chicken (SD) (T)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Bean &amp; Cheese Fajita (D) (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Vegetable Tikka Masala (D) (PU) (T)</b> ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, bechamel (contains coconut), red kidney beans	White Rice	Orange Slices
Wednesday	<b>Yellow Split Pea Pasta Bake (D) (G) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, grated cheddar cheese, white onion, yellow split peas, swede, pasta	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chickpea &amp; Roasted Vegetable Pizza (D) (G) (PU) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, chickpeas, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Vegetable Bolognese Pasta Bake (G) (PU) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, red kidney beans, chickpeas, haricot beans, pasta	Not Applicable	<b>Cheddar &amp; Chive Cornbread (D) (E) (G) (S)</b>
Tuesday	<b>Bean &amp; Cheese Fajita (D) (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)</b> sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (D) (G) (T)</b> cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (G) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Lentil &amp; Sweetcorn Pasta Bake (D) (G) (PU) (T)</b> red lentils, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), grated cheddar cheese, pasta	Not Applicable	<b>Fruit Loaf (G) (S) (SD)</b>
Tuesday	<b>Vegetable Chilli &amp; Cheese (D) (PU) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chickpea &amp; Roasted Vegetable Pizza (D) (G) (PU) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, chickpeas, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Beans (PU) (SD) (T)</b> white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, red kidney beans, haricot beans	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Bean &amp; Cheese Fajita (D) (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Chicken Tikka Masala (D) (PU) (T)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, bechamel (contains coconut), tomato paste, tikka seasoning	White Rice	Orange Slices
Wednesday	<b>Beef Meatball Pasta Bake (D) (G) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, grated cheddar cheese, white onion, swede, pasta, beef meatballs	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognaise Pasta Bake (G) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, minced beef, pasta	Not Applicable	<b>Cheddar &amp; Chive Cornbread (D) (E) (G) (S)</b>
Tuesday	<b>Chicken &amp; Cheese Fajita (D) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, grated cheddar cheese, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)</b> sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (D) (G) (T)</b> cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (G) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Lentil &amp; Sweetcorn Pasta Bake (D) (G) (PU) (T)</b> red lentils, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), grated cheddar cheese, pasta	Not Applicable	<b>Fruit Loaf (G) (S) (SD)</b>
Tuesday	<b>Vegetable Chilli &amp; Cheese (D) (PU) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Chicken (SD) (T)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Bean &amp; Cheese Fajita (D) (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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# FISH FREE NURSERY HOT Tea MENU

Spring Summer 2026

Vegetarian	Vegan	Tomato	Sulphites	Soya	Pulse/Bean	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid/Spice	Celery	Beef
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Week A	Dish	Dietaries													
Monday	Beanie Fajita			●				●	●					●	●
	Soft Flour Tortilla			●	●										●
	Greek Style Vanilla Yoghurt			●											●
Tuesday	Chicken Tikka Masala			●	●									●	●
	White Rice								●						●
	Orange Slices			●											●
Wednesday	Beef Meatball Pasta Bake	●		●	●			●						●	●
	Not Applicable								●						●
	Banana & Blueberry Oat Bar			●				●	●						●
Thursday	Chicken & Roasted Vegetable Pizza			●	●			●						●	●
	Not Applicable								●						●
	Diced Apple & Apricot			●					●						●
Friday	Cheesy Baked Beans			●	●									●	●
	Jacket Potato								●						●
	Melon Slices			●					●						●

Week B	Dish	Dietaries													
Monday	Beef Bolognese Pasta Bake	●		●				●	●					●	●
	Not Applicable								●						●
	Cheddar & Chive Cornbread			●	●		●	●				●			●
Tuesday	Chicken & Cheese Fajita			●	●									●	●
	Soft Flour Tortilla							●	●						●
	Diced Peaches			●					●						●
Wednesday	Cheesy Baked Beans			●	●									●	●
	Jacket Potato								●						●
	Orange Slices			●					●						●
Thursday	Tomato & Mascarpone Cheese Pasta Bake			●	●			●						●	●
	Not Applicable								●						●
	Melon Slices			●					●						●
Friday	Roasted Vegetable Pizza			●	●			●						●	●
	Not Applicable								●						●
	Apricot Protein Bar			●				●					●		●

Week C	Dish	Dietaries													
Monday	Lentil & Sweetcorn Pasta Bake			●	●			●	●					●	●
	Not Applicable								●						●
	Fruit Loaf			●				●	●				●		●
Tuesday	Vegetable Chilli & Cheese			●	●									●	●
	Jacket Potato								●						●
	Melon Slices			●					●						●
Wednesday	Chicken & Roasted Vegetable Pizza			●	●			●						●	●
	Not Applicable								●						●
	Diced Apricots			●					●						●
Thursday	Barbecue Chicken			●										●	●
	White Rice								●						●
	Strawberry Fromage Frais			●	●				●						●
Friday	Bean & Cheese Fajita			●	●									●	●
	Soft Flour Tortilla							●	●						●
	Orange Slices			●					●						●

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Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Dairy Free Coconut Yoghurt (Mango) (SD)</b>
Tuesday	<b>Vegetable Tikka Masala (Dairy Free) (PU) (T)</b> ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, chopped tomato, red onion, bechamel (contains coconut), red kidney beans	White Rice	Orange Slices
Wednesday	<b>Yellow Split Pea Pasta Bake (Dairy Free) (G) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, white onion, yellow split peas, swede, pasta	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chickpea &amp; Roasted Vegetable Pizza (Dairy Free) (G) (PU) (T)</b> Wholemeal pizza base, tomato sauce, herbs, roasted vegetables, chickpeas, dairy free cheese	Not Applicable	Diced Apple & Apricot
Friday	<b>Dairy Free Cheesy Baked Beans (PU) (T)</b> garlic puree, tomato passata, rice flour, dairy free cheese (coconut), sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Vegetable Bolognese Pasta Bake (G) (PU) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, red kidney beans, chickpeas, haricot beans, pasta	Not Applicable	Gluten, Egg & Dairy Free Cheese & Chive Cornbread
Tuesday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Dairy Free Cheesy Baked Beans (PU) (T)</b> garlic puree, tomato passata, rice flour, dairy free cheese (coconut), sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato Pasta Bake (G) (PU) (T)</b> sweetcorn, white onion, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (Dairy Free) (G) (T)</b> dairy free cheese (coconut), tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (G) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Lentil &amp; Sweetcorn Pasta Bake (Dairy Free) (G) (PU) (T)</b> red lentils, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), pasta	Not Applicable	<b>Fruit Loaf (G) (S) (SD)</b>
Tuesday	<b>Vegetable Chilli (Dairy Free) (PU) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chickpea &amp; Roasted Vegetable Pizza (Dairy Free) (G) (PU) (T)</b> Wholemeal pizza base, tomato sauce, herbs, roasted vegetables, chickpeas, dairy free cheese	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Beans (PU) (SD) (T)</b> white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, red kidney beans, haricot beans	White Rice	<b>Dairy Free Coconut Yoghurt (Strawberry) (SD)</b>
Friday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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# VEGAN NURSERY HOT TEA MENU

Spring Summer 2026

Vegetarian	Vegan	Tomato	Sulphites	Soya	Pulse/Bean	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid/Spice	Celery	Beef
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Week A	Dish	Dietaries														
Monday	Beanie Fajita			●				●						●	●	●
	Soft Flour Tortilla							●								
	Dairy Free Coconut Yoghurt (Mango)			●				●						●	●	●
Tuesday	Vegetable Tikka Masala (Dairy Free)			●				●						●	●	●
	White Rice							●								
	Orange Slices			●				●								
Wednesday	Yellow Split Pea Pasta Bake (Dairy Free)			●				●						●	●	●
	Not Applicable							●								
	Banana & Blueberry Oat Bar			●				●						●	●	●
Thursday	Chickpea & Roasted Vegetable Pizza (Dairy Free)			●				●						●	●	●
	Not Applicable							●								
	Diced Apple & Apricot			●				●						●	●	●
Friday	Dairy Free Cheesy Baked Beans			●				●						●	●	●
	Jacket Potato							●								
	Melon Slices			●				●						●	●	●

Week B	Dish	Dietaries														
Monday	Vegetable Bolognese Pasta Bake			●				●						●	●	●
	Not Applicable							●								
	Gluten, Egg & Dairy Free Cheese & Chive Cornbread			●				●								
Tuesday	Beanie Fajita			●				●						●	●	●
	Soft Flour Tortilla							●								
	Diced Peaches			●				●								
Wednesday	Dairy Free Cheesy Baked Beans			●				●						●	●	●
	Jacket Potato							●								
	Orange Slices			●				●						●	●	●
Thursday	Tomato Pasta Bake			●				●						●	●	●
	Not Applicable							●								
	Melon Slices			●				●						●	●	●
Friday	Roasted Vegetable Pizza (Dairy Free)			●				●						●	●	●
	Not Applicable							●								
	Apricot Protein Bar			●				●						●	●	●

Week C	Dish	Dietaries														
Monday	Lentil & Sweetcorn Pasta Bake (Dairy Free)			●				●						●	●	●
	Not Applicable							●								
	Fruit Loaf			●				●								
Tuesday	Vegetable Chilli (Dairy Free)			●				●						●	●	●
	Jacket Potato							●								
	Melon Slices			●				●						●	●	●
Wednesday	Chickpea & Roasted Vegetable Pizza (Dairy Free)			●				●						●	●	●
	Not Applicable							●								
	Diced Apricots			●				●						●	●	●
Thursday	Barbecue Beans			●				●						●	●	●
	White Rice							●								
	Dairy Free Coconut Yoghurt (Strawberry)			●				●						●	●	●
Friday	Beanie Fajita			●				●						●	●	●
	Soft Flour Tortilla							●								
	Orange Slices			●				●						●	●	●

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Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Dairy Free Coconut Yoghurt (Mango) (SD)</b>
Tuesday	<b>Chicken Tikka Masala (Dairy Free) (PU) (T)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, chopped tomato, red onion, bechamel (contains coconut)	White Rice	Orange Slices
Wednesday	<b>Beef Meatball Pasta Bake (Dairy Free) (G) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, white onion, swede, pasta, beef meatballs	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (Dairy Free) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, dairy free cheese (coconut), diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Dairy Free Cheesy Baked Beans (PU) (T)</b> garlic puree, tomato passata, rice flour, dairy free cheese (coconut), sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognese Pasta Bake (G) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, minced beef, pasta	Not Applicable	Gluten, Egg & Dairy Free Cheese & Chive Cornbread
Tuesday	<b>Chicken Fajita (Dairy Free) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Dairy Free Cheesy Baked Beans (PU) (T)</b> garlic puree, tomato passata, rice flour, dairy free cheese (coconut), sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato Pasta Bake (G) (PU) (T)</b> sweetcorn, white onion, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (Dairy Free) (G) (T)</b> dairy free cheese (coconut), tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (G) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake (Dairy Free) (F) (G) (PU) (T)</b> tuna, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), pasta	Not Applicable	<b>Fruit Loaf (G) (S) (SD)</b>
Tuesday	<b>Vegetable Chilli (Dairy Free) (PU) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (Dairy Free) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, dairy free cheese (coconut), diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Chicken (SD) (T)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast	White Rice	<b>Dairy Free Coconut Yoghurt (Strawberry) (SD)</b>
Friday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	Gluten Free Tortilla Wrap	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Chicken Tikka Masala (D) (PU) (T)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, bechamel (contains coconut), tomato paste, tikka seasoning	White Rice	Orange Slices
Wednesday	<b>Chicken Pasta Bake (Gluten Free) (D) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, grated cheddar cheese, white onion, diced chicken breast, gluten free pasta, swede	Not Applicable	Plain Flapjack (Gluten Free)
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (Gluten Free) (D) (T)</b> gluten free pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognese Pasta Bake (Gluten Free) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, gluten free pasta, minced beef	Not Applicable	Gluten, Egg & Dairy Free Cheese & Chive Cornbread
Tuesday	<b>Chicken &amp; Cheese Fajita (D) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, grated cheddar cheese, sliced chicken breast	Gluten Free Tortilla Wrap	Diced Peaches
Wednesday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake (Gluten Free) (D) (PU) (T)</b> sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, gluten free pasta, diced mixed peppers, butternut squash	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (Gluten Free) (D) (T)</b> cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, gluten free pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (Gluten Free) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake (Gluten Free) (D) (F) (PU) (T)</b> tuna, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), grated cheddar cheese, gluten free pasta	Not Applicable	Plain Flapjack (Gluten Free)
Tuesday	<b>Vegetable Chilli &amp; Cheese (D) (PU) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (Gluten Free) (D) (T)</b> gluten free pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Chicken (SD) (T)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Bean &amp; Cheese Fajita (D) (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	Gluten Free Tortilla Wrap	Orange Slices

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Week A	Item 1	Item 2	Item 3
Monday	<b>Vegetable Fajita (Pulse Free) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock	<b>Soft Flour Tortilla (G)</b>	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Chicken Tikka Masala (Pulse Free) (D) (T)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, stock	White Rice	Orange Slices
Wednesday	<b>Beef Meatball Pasta Bake (Pulse Free) (D) (G) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, rice flour, tomato paste, grated cheddar cheese, white onion, swede, pasta, beef meatballs	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Grated Cheese (D)</b> grated cheddar cheese	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognese Pasta Bake (G) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, minced beef, pasta	Not Applicable	<b>Cheddar &amp; Chive Cornbread (D) (E) (G) (S)</b>
Tuesday	<b>Chicken &amp; Cheese Fajita (D) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, grated cheddar cheese, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Grated Cheese (D)</b> grated cheddar cheese	Jacket Potato	Orange Slices
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake (Pulse Free) (D) (G) (T)</b> sweetcorn, white onion, soft cheese, garlic puree, stock, basil, tomato paste, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (D) (G) (T)</b> cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	Plain Flapjack (Gluten Free)

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake (Pulse Free) (D) (F) (G) (T)</b> tuna, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, grated cheddar cheese, pasta	Not Applicable	<b>Fruit Loaf (G) (S) (SD)</b>
Tuesday	<b>Vegetable Chilli &amp; Cheese (Pulse Free) (D) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, grated cheddar cheese	Jacket Potato	Melon Slices
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Chicken (SD) (T)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Vegetable &amp; Cheese Fajita (Pulse Free) (D) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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# PULSE & Bean FREE NURSERY HOT TEA MENU

Spring Summer 2026

Vegetarian	Vegan	Tomato	Sulphites	Soya	Pulse/Bean	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid/Spice	Celery	Beef
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Week A	Dish	Dietaries															
Monday	Vegetable Fajita (Pulse Free)			●				●							●	●	●
	Soft Flour Tortilla			●	●											●	●
	Greek Style Vanilla Yoghurt			●												●	●
Tuesday	Chicken Tikka Masala (Pulse Free)			●	●										●	●	●
	White Rice															●	●
	Orange Slices			●												●	●
Wednesday	Beef Meatball Pasta Bake (Pulse Free)	●		●	●			●							●	●	●
	Not Applicable															●	●
	Banana & Blueberry Oat Bar			●				●								●	●
Thursday	Chicken & Roasted Vegetable Pizza			●	●			●							●	●	●
	Not Applicable															●	●
	Diced Apple & Apricot			●												●	●
Friday	Grated Cheese				●						●					●	●
	Jacket Potato															●	●
	Melon Slices			●												●	●

Week B	Dish	Dietaries															
Monday	Beef Bolognese Pasta Bake	●		●				●							●	●	●
	Not Applicable															●	●
	Cheddar & Chive Cornbread				●	●		●						●		●	●
Tuesday	Chicken & Cheese Fajita			●	●										●	●	●
	Soft Flour Tortilla							●								●	●
	Diced Peaches			●												●	●
Wednesday	Grated Cheese				●						●					●	●
	Jacket Potato															●	●
	Orange Slices			●												●	●
Thursday	Tomato & Mascarpone Cheese Pasta Bake (Pulse Free)			●	●			●							●	●	●
	Not Applicable															●	●
	Melon Slices			●												●	●
Friday	Roasted Vegetable Pizza			●	●			●							●	●	●
	Not Applicable															●	●
	Plain Flapjack (Gluten Free)			●												●	●

Week C	Dish	Dietaries															
Monday	Tuna & Sweetcorn Pasta Bake (Pulse Free)			●	●		●	●							●	●	●
	Not Applicable															●	●
	Fruit Loaf			●				●						●		●	●
Tuesday	Vegetable Chilli & Cheese (Pulse Free)			●	●										●	●	●
	Jacket Potato															●	●
	Melon Slices			●												●	●
Wednesday	Chicken & Roasted Vegetable Pizza			●	●			●							●	●	●
	Not Applicable															●	●
	Diced Apricots			●												●	●
Thursday	Barbecue Chicken			●											●	●	●
	White Rice															●	●
	Strawberry Fromage Frais			●	●										●	●	●
Friday	Vegetable & Cheese Fajita (Pulse Free)			●	●										●	●	●
	Soft Flour Tortilla							●								●	●
	Orange Slices			●												●	●

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Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Chicken Tikka Masala (D) (PU) (T)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, bechamel (contains coconut), tomato paste, tikka seasoning	White Rice	Orange Slices
Wednesday	<b>Beef Meatball Pasta Bake (D) (G) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, grated cheddar cheese, white onion, swede, pasta, beef meatballs	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognaise Pasta Bake (G) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, minced beef, pasta	Not Applicable	Gluten, Egg & Dairy Free Cheese & Chive Cornbread
Tuesday	<b>Chicken &amp; Cheese Fajita (D) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, grated cheddar cheese, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)</b> sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (D) (G) (T)</b> cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (G) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake (D) (F) (G) (PU) (T)</b> tuna, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), grated cheddar cheese, pasta	Not Applicable	Plain Flapjack (Gluten Free)
Tuesday	<b>Vegetable Chilli &amp; Cheese (D) (PU) (SD) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Chicken (SD) (T)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Bean &amp; Cheese Fajita (D) (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

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# SOYA FREE NURSERY HOT TEA MENU

Spring Summer 2026

Vegetarian	Vegan	Tomato	Sulphites	Soya	Pulse/Bean	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid/Spice	Celery	Beef
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Week A	Dish	Dietaries													
Monday	Beanie Fajita			●				●						●	●
	Soft Flour Tortilla														●
	Greek Style Vanilla Yoghurt			●	●										●
Tuesday	Chicken Tikka Masala			●	●									●	●
	White Rice														●
	Orange Slices			●											●
Wednesday	Beef Meatball Pasta Bake	●		●	●			●						●	●
	Not Applicable														●
	Banana & Blueberry Oat Bar			●				●							●
Thursday	Chicken & Roasted Vegetable Pizza			●	●			●						●	●
	Not Applicable														●
	Diced Apple & Apricot			●											●
Friday	Cheesy Baked Beans			●	●									●	●
	Jacket Potato														●
	Melon Slices			●											●

Week B	Dish	Dietaries													
Monday	Beef Bolognese Pasta Bake	●		●				●						●	●
	Not Applicable														●
	Gluten, Egg & Dairy Free Cheese & Chive Cornbread			●											●
Tuesday	Chicken & Cheese Fajita			●	●									●	●
	Soft Flour Tortilla							●							●
	Diced Peaches			●											●
Wednesday	Cheesy Baked Beans			●	●									●	●
	Jacket Potato														●
	Orange Slices			●											●
Thursday	Tomato & Mascarpone Cheese Pasta Bake			●	●			●						●	●
	Not Applicable														●
	Melon Slices			●											●
Friday	Roasted Vegetable Pizza			●	●			●						●	●
	Not Applicable														●
	Apricot Protein Bar			●				●					●		●

Week C	Dish	Dietaries													
Monday	Tuna & Sweetcorn Pasta Bake			●	●		●	●						●	●
	Not Applicable														●
	Plain Flapjack (Gluten Free)														●
Tuesday	Vegetable Chilli & Cheese			●	●									●	●
	Jacket Potato														●
	Melon Slices			●											●
Wednesday	Chicken & Roasted Vegetable Pizza			●	●			●						●	●
	Not Applicable														●
	Diced Apricots			●											●
Thursday	Barbecue Chicken			●										●	●
	White Rice														●
	Strawberry Fromage Frais			●	●										●
Friday	Bean & Cheese Fajita			●	●									●	●
	Soft Flour Tortilla							●							●
	Orange Slices			●											●

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Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita (Tomato Free) (PU)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Chicken Tikka Masala (Tomato Free) (D) (PU)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, diced mixed peppers, mango chutney, cream, natural yoghurt, red onion, bechamel (contains coconut)	White Rice	Orange Slices
Wednesday	<b>Beef Meatball Pasta Bake (Tomato Free) (D) (G) (PU)</b> garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, grated cheddar cheese, white onion, stock, swede, pasta, beef meatballs	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (Tomato Free) (D) (G)</b> wholemeal pizza base, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Grated Cheese (D)</b> grated cheddar cheese	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognaise Pasta Bake (Tomato Free) (G)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, garlic puree, stock, rice flour, minced beef, pasta	Not Applicable	<b>Cheddar &amp; Chive Cornbread (D) (E) (G) (S)</b>
Tuesday	<b>Chicken &amp; Cheese Fajita (Tomato Free) (D)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, vegetable stock, rice flour, stock, grated cheddar cheese, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Grated Cheese (D)</b> grated cheddar cheese	Jacket Potato	Orange Slices
Thursday	<b>Mascarpone Cheese Pasta Bake (Tomato Free) (D) (G) (PU)</b> sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (contains coconut), stock, basil, peas, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (Tomato Free) (D) (G)</b> cheese, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	<b>Apricot Protein Bar (G) (PU) (SD)</b>

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake (Tomato Free) (D) (F) (G) (PU)</b> tuna, butternut squash, sweetcorn, white onion, basil, garlic puree, bechamel (contains coconut), grated cheddar cheese, pasta	Not Applicable	<b>Fruit Loaf (G) (S) (SD)</b>
Tuesday	<b>Vegetable Chilli &amp; Cheese (Tomato Free) (D) (PU) (SD)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, dried apricots, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (Tomato Free) (D) (G)</b> wholemeal pizza base, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Chicken (Tomato Free) (SD)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, red wine vinegar, rice flour, stock, shredded chicken breast	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Bean &amp; Cheese Fajita (Tomato Free) (D) (PU)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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# TOMATO FREE NURSERY HOT Tea MENU

Spring Summer 2026

Vegetarian	Vegan	Tomato	Sulphites	Soya	Pulse/Bean	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid/Spice	Celery	Beef
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Week A	Dish	Dietaries														
Monday	Beanie Fajita (Tomato Free)			●				●							●	●
	Soft Flour Tortilla			●	●										●	●
	Greek Style Vanilla Yoghurt			●				●							●	●
Tuesday	Chicken Tikka Masala (Tomato Free)			●	●										●	●
	White Rice														●	●
	Orange Slices			●											●	●
Wednesday	Beef Meatball Pasta Bake (Tomato Free)	●		●	●			●							●	●
	Not Applicable														●	●
	Banana & Blueberry Oat Bar			●				●							●	●
Thursday	Chicken & Roasted Vegetable Pizza (Tomato Free)				●			●							●	●
	Not Applicable														●	●
	Diced Apple & Apricot			●											●	●
Friday	Grated Cheese				●										●	●
	Jacket Potato														●	●
	Melon Slices			●											●	●

Week B	Dish	Dietaries														
Monday	Beef Bolognese Pasta Bake (Tomato Free)	●		●				●							●	●
	Not Applicable														●	●
	Cheddar & Chive Cornbread				●	●		●						●	●	●
Tuesday	Chicken & Cheese Fajita (Tomato Free)			●	●										●	●
	Soft Flour Tortilla							●							●	●
	Diced Peaches			●											●	●
Wednesday	Grated Cheese				●										●	●
	Jacket Potato														●	●
	Orange Slices			●											●	●
Thursday	Mascarpone Cheese Pasta Bake (Tomato Free)			●	●			●							●	●
	Not Applicable														●	●
	Melon Slices			●											●	●
Friday	Roasted Vegetable Pizza (Tomato Free)				●			●							●	●
	Not Applicable														●	●
	Apricot Protein Bar			●				●						●	●	●

Week C	Dish	Dietaries														
Monday	Tuna & Sweetcorn Pasta Bake (Tomato Free)			●	●		●	●						●	●	●
	Not Applicable														●	●
	Fruit Loaf			●				●							●	●
Tuesday	Vegetable Chilli & Cheese (Tomato Free)			●	●										●	●
	Jacket Potato														●	●
	Melon Slices			●											●	●
Wednesday	Chicken & Roasted Vegetable Pizza (Tomato Free)				●			●							●	●
	Not Applicable														●	●
	Diced Apricots			●											●	●
Thursday	Barbecue Chicken (Tomato Free)			●											●	●
	White Rice														●	●
	Strawberry Fromage Frais			●	●										●	●
Friday	Bean & Cheese Fajita (Tomato Free)			●	●										●	●
	Soft Flour Tortilla							●							●	●
	Orange Slices			●											●	●

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Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Greek Style Vanilla Yoghurt (D)</b>
Tuesday	<b>Chicken Tikka Masala (D) (PU) (T)</b> diced chicken breast, ground ginger, potato, garlic puree, ground coriander, paprika, garam masala, ground cinnamon, ground turmeric, curry paste, diced mixed peppers, mango chutney, cream, natural yoghurt, chopped tomato, red onion, bechamel (contains coconut), tomato paste, tikka seasoning	White Rice	Orange Slices
Wednesday	<b>Beef Meatball Pasta Bake (D) (G) (PU) (T)</b> chopped tomato, garlic puree, diced mixed peppers, basil, oregano, red lentils, rice flour, tomato paste, grated cheddar cheese, white onion, swede, pasta, beef meatballs	Not Applicable	<b>Banana &amp; Blueberry Oat Bar (G)</b>
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apple & Apricot
Friday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Melon Slices

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognaise Pasta Bake (G) (T)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, chopped tomato, tomato paste, garlic puree, stock, rice flour, minced beef, pasta	Not Applicable	<b>Cheddar &amp; Chive Cornbread (D) (E) (G) (S)</b>
Tuesday	<b>Chicken &amp; Cheese Fajita (D) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, grated cheddar cheese, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	Diced Peaches
Wednesday	<b>Cheesy Baked Beans (D) (PU) (T)</b> garlic puree, tomato passata, rice flour, grated cheddar cheese, sweet potato, carrot, white onion, haricot beans	Jacket Potato	Orange Slices
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake (D) (G) (PU) (T)</b> sweetcorn, white onion, soft cheese, garlic puree, red lentils, bechamel (contains coconut), stock, basil, tomato paste, peas, tomato passata, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	Melon Slices
Friday	<b>Roasted Vegetable Pizza (D) (G) (T)</b> cheese, tomato, garlic, oregano, basil, pepper, sunflower oil, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	Plain Flapjack (Gluten Free)

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake (D) (F) (G) (PU) (T)</b> tuna, butternut squash, sweetcorn, white onion, basil, chopped tomato, tomato paste, garlic puree, bechamel (contains coconut), grated cheddar cheese, pasta	Not Applicable	Plain Flapjack (Gluten Free)
Tuesday	<b>Vegetable Chilli &amp; Cheese (Sulphur Dioxide Free) (D) (PU) (T)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, garlic puree, oregano, ground coriander, ground cumin, vegetable stock, smoked paprika, rice flour, stock, tomato paste, chopped tomato, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	Melon Slices
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (D) (G) (T)</b> wholemeal pizza base, tomato, garlic, oregano, basil, pepper, sunflower oil, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Diced Apricots
Thursday	<b>Barbecue Chicken (Sulphur Dioxide Free) (T)</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, garlic puree, pineapple in natural juice, ground coriander, ground cumin, smoked paprika, rice flour, stock, chopped tomato, tomato paste, shredded chicken breast	White Rice	<b>Strawberry Fromage Frais (D)</b>
Friday	<b>Bean &amp; Cheese Fajita (D) (PU) (T)</b> sliced mixed peppers, red onion, carrot, garlic puree, fajita spice mix, smoked paprika, basil, chopped tomato, vegetable stock, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Orange Slices

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# SULPHUR DIOXIDE FREE NURSERY HOT TEA MENU

Spring Summer 2026

Vegetarian	Vegan	Tomato	Sulphites	Soya	Pulse/Bean	Pork	Halal	Gluten	Fish	Egg	Dairy	Citric Acid/Spice	Celery	Beef
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Week A	Dish	Dietaries														
Monday	Beanie Fajita			●				●						●	●	●
	Soft Flour Tortilla			●	●										●	●
	Greek Style Vanilla Yoghurt			●												●
Tuesday	Chicken Tikka Masala			●	●										●	●
	White Rice														●	●
	Orange Slices			●											●	●
Wednesday	Beef Meatball Pasta Bake	●		●	●			●							●	●
	Not Applicable														●	●
	Banana & Blueberry Oat Bar			●				●							●	●
Thursday	Chicken & Roasted Vegetable Pizza			●	●			●							●	●
	Not Applicable														●	●
	Diced Apple & Apricot			●											●	●
Friday	Cheesy Baked Beans			●	●										●	●
	Jacket Potato														●	●
	Melon Slices			●											●	●

Week B	Dish	Dietaries														
Monday	Beef Bolognese Pasta Bake	●		●				●							●	●
	Not Applicable														●	●
	Cheddar & Chive Cornbread			●	●	●		●						●	●	●
Tuesday	Chicken & Cheese Fajita			●	●										●	●
	Soft Flour Tortilla							●							●	●
	Diced Peaches			●											●	●
Wednesday	Cheesy Baked Beans			●	●										●	●
	Jacket Potato														●	●
	Orange Slices			●											●	●
Thursday	Tomato & Mascarpone Cheese Pasta Bake			●	●			●							●	●
	Not Applicable														●	●
	Melon Slices			●											●	●
Friday	Roasted Vegetable Pizza			●	●			●							●	●
	Not Applicable														●	●
	Plain Flapjack (Gluten Free)			●											●	●

Week C	Dish	Dietaries														
Monday	Tuna & Sweetcorn Pasta Bake			●	●		●	●							●	●
	Not Applicable														●	●
	Plain Flapjack (Gluten Free)			●											●	●
Tuesday	Vegetable Chilli & Cheese (Sulphur Dioxide Free)			●	●										●	●
	Jacket Potato														●	●
	Melon Slices			●											●	●
Wednesday	Chicken & Roasted Vegetable Pizza			●	●			●							●	●
	Not Applicable														●	●
	Diced Apricots			●											●	●
Thursday	Barbecue Chicken (Sulphur Dioxide Free)			●											●	●
	White Rice														●	●
	Strawberry Fromage Frais			●	●										●	●
Friday	Bean & Cheese Fajita			●	●										●	●
	Soft Flour Tortilla							●							●	●
	Orange Slices			●											●	●

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Week A	Item 1	Item 2	Item 3
Monday	<b>Beanie Fajita Alternative (PU)</b> sliced mixed peppers, red onion, carrot, basil, rice flour, stock, red kidney beans, haricot beans, chickpeas	<b>Soft Flour Tortilla (G)</b>	<b>Natural Yoghurt (D)</b>
Tuesday	<b>Chicken Tikka Masala Alternative (D)</b> diced chicken breast, potato, diced mixed peppers, cream, natural yoghurt, red onion, stock	White Rice	<b>Natural Yoghurt (D)</b>
Wednesday	<b>Beef Meatball Pasta Bake Alternative (D) (G) (PU)</b> diced mixed peppers, basil, oregano, red lentils, rice flour, grated cheddar cheese, white onion, stock, diced chicken breast, swede, pasta	Not Applicable	Plain Flapjack (Gluten Free)
Thursday	<b>Chicken &amp; Roasted Vegetable Pizza (Tomato Free) (D) (G)</b> wholemeal pizza base, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	<b>Natural Yoghurt (D)</b>
Friday	<b>Grated Cheese (D)</b> grated cheddar cheese	Jacket Potato	Plain Flapjack (Gluten Free)

Week B	Item 1	Item 2	Item 3
Monday	<b>Beef Bolognese Pasta Bake Alternative (G)</b> carrot, butternut squash, white onion, diced mixed peppers, basil, mixed herbs, oregano, stock, rice flour, minced beef, pasta	Not Applicable	<b>Cheddar &amp; Chive Cornbread (D) (E) (G) (S)</b>
Tuesday	<b>Chicken &amp; Cheese Fajita Alternative (D)</b> sliced mixed peppers, red onion, carrot, basil, rice flour, stock, grated cheddar cheese, sliced chicken breast	<b>Soft Flour Tortilla (G)</b>	<b>Natural Yoghurt (D)</b>
Wednesday	<b>Grated Cheese (D)</b> grated cheddar cheese	Jacket Potato	Plain Flapjack (Gluten Free)
Thursday	<b>Tomato &amp; Mascarpone Cheese Pasta Bake Alternative (D) (G) (PU)</b> sweetcorn, white onion, soft cheese, red lentils, stock, basil, peas, diced mixed peppers, butternut squash, pasta, rapeseed oil	Not Applicable	<b>Natural Yoghurt (D)</b>
Friday	<b>Roasted Vegetable Pizza (Tomato Free) (D) (G)</b> cheese, wholemeal pizza base, diced mixed peppers, courgette, red onion	Not Applicable	Plain Flapjack (Gluten Free)

Week C	Item 1	Item 2	Item 3
Monday	<b>Tuna &amp; Sweetcorn Pasta Bake Alternative (D) (F) (G)</b> tuna, butternut squash, sweetcorn, white onion, basil, stock, grated cheddar cheese, pasta	Not Applicable	Plain Flapjack (Gluten Free)
Tuesday	<b>Vegetable Chilli &amp; Cheese Alternative (D) (PU)</b> butternut squash, diced mixed peppers, sweet potato, red onion, fresh coriander, oregano, rice flour, stock, grated cheddar cheese, red kidney beans, haricot beans	Jacket Potato	<b>Natural Yoghurt (D)</b>
Wednesday	<b>Chicken &amp; Roasted Vegetable Pizza (Tomato Free) (D) (G)</b> wholemeal pizza base, shredded chicken breast, cheese, diced mixed peppers, courgette, red onion	Not Applicable	Plain Flapjack (Gluten Free)
Thursday	<b>Barbecue Chicken Alternative</b> sliced chicken breast, white onion, diced mixed peppers, butternut squash, rice flour, stock, shredded chicken breast	White Rice	<b>Natural Yoghurt (D)</b>
Friday	<b>Bean &amp; Cheese Fajita Alternative (D) (PU)</b> sliced mixed peppers, red onion, carrot, basil, rice flour, stock, red kidney beans, haricot beans, chickpeas, grated cheddar cheese	<b>Soft Flour Tortilla (G)</b>	Plain Flapjack (Gluten Free)

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains cereals containing Gluten  
 PU = Contains Pulses/Beans S = Contains Soya SD = Contains Sulphur Dioxide T = Contains Tomato

Our kitchen does not handle peanuts, tree nuts, sesame seeds, mustard, lupin, crustacea and molluscs. Please refer to our Allergy Policy for further information about allergens.

